



## Enel: Four tips to save electricity at home

**Lima, February 4<sup>th</sup>, 2020.**- The use of home appliances has become part of our daily routine, but do we know how to use them efficiently? Andrés Ciudad, an expert at Enel Distribution Peru, points out that, when buying an electrical appliance, it is necessary to ask about its energy consumption and, if possible, choose the one that consumes the least.

Similarly, the specialist gives us some recommendations to use energy efficiently at home:

1. **Be careful with the refrigerator:** although this appliance must be connected to the electric power at all times, actions such as constantly opening it, or placing hot food inside, should be avoided, as this will increase energy consumption.
2. **Turn off the fans:** you should not leave this appliance on if you are not in the same environment. Its indiscriminate use can significantly increase our electricity consumption.
3. **Turn on the water heater only for a few minutes:** it is recommended to turn on electric water heaters only 20 minutes before taking a bath. More time than this is an unnecessary consumption of electricity.
4. **Check the energy efficiency labels:** when buying appliances, look for these labels as they have information on the energy consumption required by the product. If the one with the lowest consumption is chosen, the lower the monthly expense.

In the same way, he also reminds us to be moderate with the use of appliances that produce heat, since they are the ones that consume the most energy in the home. For example, microwave ovens (1100W), electric water heaters (1500W), and irons (1200W).

Finally, the specialist reminds us that all connections must be reviewed by professionals. You should never manipulate them without having proper knowledge about them since our security could be jeopardized. To learn more savings tips, follow this [link](#).