



PRESS
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ENEL: RECOMMENDATIONS FOR AN EFFICIENT USE OF ELECTRICITY IN THIS SECOND QUARANTINE

Lima, February 2nd, 2021.- A new quarantine ordered by the Government has begun in Peru due to the advancement of the second wave of the pandemic. Considering that many people will start working remotely again or will stay at home, Andrés Ciudad, a specialist at **Enel Distribución Perú**, gives the following recommendations for the responsible consumption of electricity:

1. Take advantage of the greatest amount of natural light you can to avoid turning on light bulbs, and remember to turn off the lights that are not being used.
2. Take advantage of the heat to use the water heater for less time.
3. Avoid opening the refrigerator door unnecessarily.
4. Reduce the use of the dryer and take advantage of the heat of the sun to dry the clothes.
5. Turn off and unplug electrical appliances that are not being used, such as the fan, radio, television, PC, laptop, etc.
6. Disconnect cell phone chargers once the battery charging process is complete.
7. Prioritize the use of LED lamps over incandescent lamps.
8. Blend soft foods using the minimum power of appliances. For example, fruits like papaya or other similar ones.
9. Choose the correct power level for your iron according to the fabric of the garment.
10. Avoid using a vacuum cleaner to remove dust that can be easily removed.
11. Whenever possible, dry your hair with a towel instead of using the electric dryer.

Enel Distribución Perú recommends following these guidelines to save energy during this second quarantine and also to contribute to the environment.



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